

Meeting a new friend

Today's Can Do statements are:

- **I can understand days of the week and the hour.**
This is a goal / Can do with help / Can do / Can do well
- **I can recognize when I hear a date.**
This is a goal / Can do with help / Can do / Can do well
- **I can give times and dates.**
This is a goal / Can do with help / Can do / Can do well
- **I can tell someone the time and location of an event.**
This is a goal / Can do with help / Can do / Can do well

Circle “this is a goal,” “can do with help,” “can do,” or “can do well” depending on how you feel about your abilities to complete these Can Do statements.

The situation:

You’ve been chatting on OKCupid with a new date and things are going well. You’ve mentioned meeting up in person this weekend, but haven’t made firm plans. Then he/she sends you a voice message. You listen to it and then tell your friend what they said. Together you decide how to respond.

Before-listening:

What types of words/phrases would you expect to hear in an invitation to meet up for a date?

While-listening:

Take notes on what you hear—you really like this person, you don’t want to miss anything! You can use these questions to help you:

- How does he/she start the voice message? What words/phrases were used?
- What question words do you hear?
- Did you hear any dates or times? If yes, what?
- Did he/she mention a location/place? If yes, where?
- How did he/she close the voice message? What words/phrases were used?

Post-listening:

You meet your best friend and tell them what happened. Together you decide how to respond and you send a voice message response to your new date. In the response reconfirm the details of the date (when, where). Upload this recording as evidence in LFO and update your can do statements accordingly on how you feel now about your abilities.

